



## LUNCH

# MENU

*Grasslands Golf and Country Club*

### APPETIZERS

#### SMOKED WINGS \$16

Ten smoked in house chicken wings, drizzled in your choice of buffalo, teriyaki, or honey bbq sauce. Served with celery, carrots and bleu cheese or ranch dressing

#### SPINACH ARTICHOKE DIP \$12

Creamy spinach and artichoke dip, served with fresh tortilla chips

#### EMPANADAS \$14

Three empanadas filled with beef and cheese. Served with sour cream, salsa, and guacamole

#### TUNA TARTARE \$16

Ahi tuna with fresh ginger and mango, served with fresh tortilla chips

#### BURNT ENDS \$18

Smoked beef brisket burnt ends, served with pickles, pickled onions, and pepperoncini

### PIZZA

#### THE TRADITIONAL \$10

Classic cheese pizza with home-made tomato sauce and shredded mozzarella

#### THE GRANDMA \$13

Grasslands signature grandma chunky tomato sauce, mozzarella, garlic and basil

#### SHORT RIB PIZZA \$18

Mozzarella and havarti cheese with short ribs, caramelized onions, and arugula

*Topping add ons: pepperoni, bacon, ham, sausage, peppers, mushrooms...1.00 each*

### SOUPS

#### FRENCH ONION SOUP \$5/\$8

Topped with croutons and provolone cheese

#### SOUP DU JOUR \$4/\$6

Made in house daily served with crackers

### SALADS

#### 1600 SALAD \$10/\$14

Romaine hearts tossed with tomatoes, diced ham, Swiss cheese, stuffed green olives, and Parmesan cheese tossed in house made 1905 dressing

#### GRASSLANDS BERRY SALAD \$10/\$14

Spinach, sliced almonds, blueberries, strawberries, and feta cheese. Served with a raspberry vinaigrette

#### COBB SALAD \$10/\$14

Mixed greens topped with Haas avocado, crumbled bleu cheese, diced tomato, bacon and a hard boiled egg. Served with bleu cheese dressing

#### SMOKED SALMON SALAD \$16

Smoked salmon flakes, hard boiled egg, red onion, capers, and tomato over fresh spinach and romaine hearts. Served with your choice of dressing

#### TACO SALAD \$10/\$15

Crispy tortilla bowl filled with romaine hearts, black bean corn salsa, diced tomatoes, and mixed cheese. Served with your choice of chicken or beef, salsa, sour cream, and guacamole

#### THE DOUBLE SCOOP \$14

Two scoops of either chicken salad, tuna salad, egg salad, or smoked salmon salad served with fruit and pita chips

*Add any of the following proteins to your salad for an additional charge, Chicken \$9, Shrimp \$9, Salmon \$9, Grouper \$16 prepared grilled, blackened or fried*

# Grasslands Golf and Country Club

## BOWLS

<b>SALMON BOWL</b> \$20	<b>AHI TUNA BOWL</b> \$24	<b>MOJO PORK BOWL</b> \$20
5-ounce cut of our 60 South salmon, ancient grains and kale topped with brussels sprouts, shaved carrots, avocado, and arugula, topped with bourbon glaze	Ancient grains and kale, topped with mango, arugula, fresh carrots, avocado, sesame crusted ahi tuna (seared rare). Served with bourbon sauce and wasabi cream	Ancient grains, rice and mojo pork topped with black bean corn salsa, tomato, sour cream, guacamole, pickled onions, mixed cheese and arugula
<b>GRASSLANDS BURGER BOWL</b> \$20	<b>SHRIMP MEDITERRANEAN PASTA</b> \$16	
8-ounce Angus beef burger over ancient grains and rice topped with arugula, tomato, pickled onions, sunny side up egg, and brown gravy	Penne pasta mixed with shrimp, Kalamata olives, artichokes, sundried tomato and feta tossed in a lemon butter garlic sauce	

## HAND-HELD

<b>THE GRASSLANDS CLUB</b> \$15	<b>GRASSLANDS CUBAN</b> \$15	<b>GRASSLANDS CHEESEBURGER</b> \$14
Ham, turkey, Swiss smoked bacon, lettuce, tomato, and mayo on three pieces of bread of your choice	Ham, salami, pulled mojo pork, Swiss cheese, pickles, mayo mustard, on Cuban bread. Served warm	8 ounce Angus beef burger with lettuce, tomato, onion and pickle, topped with your choice of American, Swiss, cheddar or provolone on a toasted roll
<b>THE BIRDIE</b> \$15	<b>PICK-YOUR-SALAD SANDWICH</b> \$14	Impossible burger available upon request Topping add ons: grilled mushrooms, bacon, avocado, onion rings, fried egg, grilled onions, jalapeños 1.00 each
Grilled gluten free cauliflower crust with sliced turkey, Swiss cheese, bacon, spinach, and garlic sundried tomato	Choice of chicken salad, tuna salad, or egg salad topped with tomato and lettuce on your choice of white, wheat or rye bread	
<b>DELUXE GRILLED CHEESE</b> \$12	<b>SHORT RIB SANDWICH</b> \$16	
American and Swiss cheese layered with pecan smoked bacon and sliced tomato on your choice of bread	Pulled braised short ribs topped with havarti cheese, caramelized onions, arugula and tomato jam on a brioche bun	
<b>QUESADILLA</b> \$18	<b>GRASSLANDS GROUPER SANDWICH</b> \$24	
Your choice of chicken, shredded beef, or mojo pork, with mixed cheese, peppers and onions. Served with salsa, sour cream guacamole	Fresh Florida grouper, blackened, grilled, or fried. Served on a split top roll with lettuce, tomato, red onion, lemon and tarter sauce	

## SIDES

<b>SIGNATURE SIDES</b> \$5
BROCCOLI
COLESLAW
FRESH FRUIT
FRENCH FRIES
SWEET POTATO FRIES
MASHED POTATOES
ONION RINGS
RICE

## FRESH CATCH

<b>SALMON</b> \$19	<b>SHRIMP</b> \$18
5-ounce 60 south salmon filet grilled, blackened, or bourbon glazed served with choice of one regular side	Six shrimp your choice fried or grilled. Served with housemade cocktail sauce and lemon, and your choice of one regular side
<b>GROUPER</b> \$24	
5-ounce Florida grouper blackened, grilled or fried cut into fingers or bites. Served with tarter sauce, lemon and choice of one side	

<b>PREMIUM SIDES</b> \$7
ASPARAGUS
GRILLED MUSHROOMS
BRUSSELS SPROUTS
MASHED CAULIFLOWER
SAUTEED SPINACH