

# GRASSLANDS

## Lunch Menu

### WARM UPS

#### Fried Green Tomatoes

Five slices of tart green tomatoes coated with lightly seasoned flour and cornmeal fried to a golden brown, and drizzled with a tangy ranch dressing and sprinkled with bacon and feta cheese 10

#### Chicken Wings

Eight breaded chicken wings served with buffalo sauce and your choice of ranch or bleu cheese 11 extra dressings .75

#### Chips and Salsa

Freshly fried tortilla chips and salsa 6

#### Chili Con Queso

A mildly spicy white cheddar dip made with hatch chilis, poblano and jalapeno peppers. served with freshly fried tortilla chips 8

#### Breaded Avocado Slices

Fresh sliced avocado breaded with a panko crumb mixture and lightly fried. Served with a mild chipotle ranch sauce 10

#### Hummus Plate

House made hummus with vegetables, olives, and fresh pita chips 11

### SIDES

regular and premium sides

Broccoli	4
Cole Slaw	4
Rice	4
Fruit Cup	4
French Fries, Sweet Potato Fries, Sweet Potato Wedges	4
Onion Rings	4
Brussels Sprouts	6
Mashed Cauliflower	6
Side Salad	6

### HIT THE GREENS

#### Grilled Chicken Cobb Salad

Mixed greens topped with Haas avocado, crumbled blue cheese, diced tomatoes, bacon, and hard-boiled egg.

small 11 large 14  
Salmon or Shrimp 3

#### Taco Salad

A fresh-made tortilla bowl filled with romaine hearts, black bean corn salsa, diced tomatoes, black olives, and mixed cheese. Your choice of beef or chicken. served with salsa

small 11 large 14

#### Black and Bleu Salad

Grilled and sliced four-ounce filet mignon, greens, cucumber, tomato, red onion, and bleu cheese

small 17 large 20

#### Grasslands Berry Salad

A delightful blend of fresh spinach, sliced almonds, blueberries, strawberries, feta cheese, and grilled chicken

small 11 large 14  
Salmon or Shrimp 3

#### Grilled Chicken Caesar

Fresh romaine hearts mixed with creamy Caesar dressing, shaved Parmesan, homemade croutons, and grilled chicken

small 11 large 14  
Salmon or Shrimp 3

### SOUP

House-made soup, served with crackers or bread rolls

#### French Onion or Soup Du Jour

cup 4 bowl 6

Not all ingredients are listed. Alert your server to any special dietary needs.

## THE LEADER BOARD

served with one regular side

### Grasslands Burger

8-ounce Angus beef burger with lettuce tomato and onion. Your choice of American, Swiss or cheddar cheese. Served on a toasted bun 12  
Bacon, avocado, fried egg 2

### Impossible Burger

The new 100% plant-based meat alternative with lettuce tomato and onion, and your choice of American, Swiss or cheddar cheese 15

### The 1600

8-ounces of shaved Angus beef dipped in au jus, served with Swiss cheese on a garlic butter grilled Amoroso roll. Served with au jus 14

### The Birdie

A grilled GF cauliflower flatbread with sliced turkey, Swiss cheese, bacon, spinach, and a garlic sundried tomato Boursin cheese spread 14

### Grasslands Grouper Sandwich

Fresh Florida grouper grilled, blackened or fried. Served on a fresh bun with lettuce, tomato, and onion 15

### Philly Cheesesteak

Tender steak seasoned and grilled with onions and peppers, and Provolone cheese served on a fresh Amoroso roll 13

### The Cuban

Roasted in house pork loin, ham, salami, Swiss cheese, mayonnaise, mustard sauce, and pickle chips pressed between Cuban bread  
half 8 whole 11

### Grilled Reuben

Corned Beef with Swiss cheese, sauerkraut, and thousand island dressing served on grilled rye bread 12

### Grilled Cheese Deluxe

American and Swiss cheese with pecan smoked bacon, and sliced tomato on your choice of grilled bread 10

### Chicken Sandwich

8-ounce chicken breast grilled or blackened served on toasted brioche, with lettuce, tomato, onion. 12

## CHOOSE YOUR TEAM

Cold Deli 10, Melt 10, Club Style 14

### Bread

White, Wheat, Marble Rye, Wrap, GF  
Cauliflower

### Meat

Turkey, Ham, Bacon, Roast Beef, Tuna or  
Chicken Salad

### Cheese

American, Swiss, Provolone, Cheddar

## THE FINAL MATCH

Served with your choice of one side. Add a side salad for 3

### Fresh 60 South Salmon

5-ounce salmon filet blackened, grilled or bourbon glazed. Served with rice and one side 16

### Fresh Grouper

Fresh Florida grouper blackened, grilled, fried, cut into fingers or bites 19

### Chicken Rice Crispy

A tender chicken breast coated in rice crispy puffs, and pan fried to a golden brown. Served with honey mustard 14

### Fried or Grilled Shrimp

Six of our famous cracker meal breaded fried shrimp, or have them grilled. Served with homemade cocktail sauce 17

### Grasslands Power Bowl

Brown Rice and quinoa topped with 4 ounces of grilled chicken, steamed broccoli, sliced bell peppers, chickpeas, breaded avocado, and pumpkin seeds. Served with an orange tahini sauce on the side 15

### Chicken Quesadilla

Flour tortilla filled with melted cheese, grilled chicken, onions, peppers, and taco seasoning. Served with sour cream, salsa, and guacamole. 13

GF Cauliflower bread 2

## DESSERTS

Please ask your server for today's selections

Split Plate Charge 2

Consumption of raw or under cooked meat, poultry, eggs or seafood may increase the risk of illness